

**Supplementary Table 1.** Narrative review checklist

Section/topic	#	Checklist item	Reported on page or line #
<b>TITLE</b>			
Title	1	Identify the report as a narrative review	Page 1
<b>ABSTRACT</b>			
Unstructured summary	2	Provide an unstructured summary, including (as applicable): background, objective, brief summary of narrative review and implications for future research, clinical practice, or policy development	Page 1
<b>INTRODUCTION</b>			
Rationale/background	3	Describe the rationale of the review in the context of what is already known	Page 1
Objectives	4	Specify the key question(s) for the review topic	Page 2
<b>METHODS</b>			
Research selection	5	Specify the process for identifying the literature search, such as years considered, language, publication status, study design, and databases of coverage	Page 2
<b>DISCUSSION/SUMMARY</b>			
Narrative	6	Discuss: 1. Research reviewed with fundamental or key findings; 2. Limitations and/ or quality of research reviewed; 3. Need for future research	Page 6-8
Summary	7	Provide an overall interpretation of the narrative review in the context of clinical practice for health professionals, policy development and implementation, or future research	Page 8-9